All about me

**I need help with-care, emotional and physical**

**Special things and comforters**

**Things I like to do**

**Name:**

**DOB:**

**Home language:**

**Other languages spoken:**

Space for a photo

**My routines**

Sleep

Feeding

Nappy/toileting

**Situations I struggle with?**

**Strategies that help me with my struggles**

**Separation from carers**

**Important people in my life, siblings, position in family, pets, grandparents, and friends**

**Important events, celebrations, or festivals in my family life**



**Health matters/medical conditions**

**Healthy Child Check completed (if applicable) – How did this go?**

**Support from other agencies i.e., health visitor, family support worker, speech and language**

**Social development- how I relate to others**

**Communication and Language**

**Any other comments**

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